### We Are Wakefield Newslettez

December 2022

### YOUR FORTNIGHTLY NEWS AND OFFERS FROM THE WAW COMMUNITY

Contact us on our new email address newsletter@wearewakefield.co.uk

### Ackworth PramFest donates over £15,500 for their local hospice

The organisers of the Ackworth PramFest presented an incredible donation of more than £15,500 to The Prince of Wales Hospice, which was raised at the PramFest back in August 2022.

The PramFest is an annual event organised by amazing volunteers from the local community. The aim is to organise a fun-filled event for the local people and raise money for a good cause.

John Atha, one of the organisers said about this year's event: "The Ackworth PramFest was another outstanding success this year both for the charity and community. With hundreds of people lining the route 20 amazing themed 'prams' raced through the village calling at four local hostelries for a pit stop whose proprietors generously provided refreshments. The finishing line at Ackworth Cricket Club was packed with spectators to cheers the sporting competitor's home. The adult race was followed by a junior event around the field. The day continued with fun fair rides, two bars and food outlets and the massive crowd were treated to some excellent live music by six acts continuing into the evening."

With a raffle, on-line auction and other fundraising the Primmest team were delighted to have raised £15,500 for the Prince of Wales Hospice and the event goes from strength to strength each year.

Fundraising Manager Adrian Greenwood said: "We want to say a massive thank you to the Ackworth PramFest Committee for organising another successful event, all in aid of The Prince of Wales Hospice. The money will go towards providing specialist care for our patients in the Hospice. We hope to see everyone again next year."









# TECHNOLOGY AS A SERVICE

#### Case Study: SoluPak

Leading producer of effective and value-for-money cleaning concentrate

Solupak was formed in 1998 and is renowned as the leading expert in water soluble products. Over nearly 20 years, the company has worked with many leading brands to develop, formulate, package and distribute water soluble (PVOH) films and granules.

Based in Yorkshire in the North of England, Solupak service the UK and our distributors for Europe, the Far East and Australaisia.

SoluPak have recently undergone some big changes to their business, such as moving to a much bigger state of the art site, and rebranding the products that they produce.

They are in a period of growth which is exciting, but it also means that they must update practices and procedures to fit in with their new found presence and our future plans too.

Their goal was to set up a customer registration system that is high-tech and functional at the same time as we welcome customers and potential customers to their site on a daily basis. Rather than using the traditional method of filling in a sheet, they wanted to install a system which would be memorable to their visitors and also set the correct message and tone.





Sophie Burgess Marketing Manager

"The team at McManus Consulting were so helpful from start to finish. From the first encounter, to when we went to visit their showroom, the whole process was straight forward and smooth. James and Suzanne were so helpful when we came to visit the show room, and went in to detail about the different options available for us. Just a few weeks later the equipment was installed at our site and is being used already.

We could not be happier with the way things have worked between both parties and will definitely be using McManus again when we wish to expand our gadget collection!"





World Cup fever is here, and Wakefield Council's Fostering team have formed part of a virtual Fostering World Cup football tournament, where Councils across the country are sharing why people should foster with their local authority – with just one goal, to recruit more foster carers.

Wakefield has taken its shot in their video here: https://www.youtube.com/watch?v=1BLlo9kBppg

Please help increase the reach of the video by sharing it to your network/ on your organisation's social media – it would really help validate the time and effort that's gone into producing it by the time! Simply click the hyperlinked name of the platform to go to the post and share it.

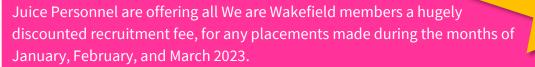
- <u>Facebook</u>
- <u>Twitter</u>
- LinkedIn

If you have any questions, please email <u>rdooley@wakefield.gov.uk</u>.



10% Member Discount!





Normally 14% when working exclusively with Juice, this is a fabulous saving which we're hoping will help everyone in our business network throughout those cold, dark months.

Recruiting the best talent can be a difficult process and that's why our team of consultants would be more than happy to come and have a chat with you, to explain the real benefits of working with a trusted recruitment partner.

We're here to actually save you money! But we're also here to attract the best talent for your business, helping you grow your team in the most cost effective, time saving and 'refreshingly different' way.

Contact either kelly@Juicepersonnel.co.uk or terri@juicepersonnel.co.uk

#letstalk

### GIVE A Theatre Royal Wakefield GIFT



Looking for a Christmas gift? We've got some great ideas for you! Scan the QR code or visit the website to buy now.

Membership makes an ideal gift for regular theatregoers, with a year's worth of fantastic benefits at the Theatre.

# SEAT PLAQU

Make your loved one feel extra special every time they visit the Theatre by naming them a seat for just £30!

Give or make a donation to Theatre Royal Wakefield. We'll send you or the recipient a thank you certificate, showing you how you've supported our work in the local community.

www.theatreroyalwakefield.co.uk/support-us/festive-giving





#### WHAT WILL DONATIONS BE USED FOR?

- · Monthly utility bills
- Small furniture items
- Refreshments for our groups
- Paint, decorating, cleaning products and upkeep
- Signage, leaflets, posters
- Volunteer expenses/training
- Stationery/resources

"Through BMTL I have met ladies who are there for both the highs and the lows of life and will listen without judgement but with kindness and compassion"

#### SARAH

BMTL Service user

All donations, big or small, will make a HUGE difference to your communities. From all of your volunteers, staff and service users thank you for your support.

### WOMEN'S WELLNESS HUB: A SAFE SPACE FOR WAKEFIELD WOMEN

Local non-profit Bring Me To Life are expanding their provision for the women of Wakefield and opening a women's wellness hub in the heart of the town centre and THEY NEED YOUR HELP!

#### OUR WHY

Cat our CEO and Founder <sup>\*</sup> In April 2020 I went to the darkest place on earth. I was severely depressed and in crisis... it was almost 12 months before I reached the top of a waiting list for counselling with our local gender-specific IAPT service...During that time my children almost lost their mum, my husband, his wife and my mum, her daughter... This story is unfortunately the reality for many women across the Wakefield district<sup>\*</sup>

#### BRING ME TO LIFE- WOMEN'S WELLNESS CIC

Bring Me to Life is a female-led, non-profit organisation, supporting local Wakefield women to enhance their health and wellbeing by offering various initiatives, activities and selfdevelopment opportunities that are empowering, safe, supportive and accessible to women from all walks of life across the district.

BMTL services operate primarily out of normal working hours (evenings and weekends). - BMTL is the only women-specific organisation in Wakefield providing a holistic service in indoor and outdoor spaces across a range of daytimes, evenings, and weekends.

Since May 2021 we have had over 2,000 attendances from women across the Wakefield district to our weekly walks, courses, activities and initiatives.

We have recently been given a private space in the heart of Wakefield - The Ridings centre, by local charity 'The Art House' through their 'Makey Wakey' initiative. Here we plan to open up a Women's Wellness Hub in February 2023! From our hub we will run our courses, workshops and offer an evening 'Drop-in' service for women to access peer support and connect with others in a safe and inclusive environment.

We are a not-for-profit community interest company- solely relying on funding, grants and donations. Although we wont be charged rent for our hub we need financial support to get started and to become sustainable.

CLICK HERE TO DONATE HTTPS://WWW.CROWDFUNDER.CO.UK/P/A-SAFE-SPACE-FOR-WAKEFIELD-WOMEN

WWW.BRINGMETOLIFE.CO.UK

EMAIL CATHERINE@BRINGMETOLIFE.CO.UK



# Winter Wellness

#### wakefieldcouncil

Hello everyone

I hope you are all keeping well and enjoying the festive season. I surprised myself this year by having the tree up, decs up and presents wrapped by the first week in December. Not my normal style...I am usually a bit of a last-minute type!

Good health is important all year round not just for Christmas, and just as you would take care of your health and visit your GP if you were ill, the same applies to your sexual health.

Spectrum Sexual Health are our sexual health service provider in Wakefield. This service includes free sexually transmitted infections testing and treatment, HIV testing and provision of contraception.

With festivities in full swing, you may find you need the help of a fantastic, confidential, non-judgemental service that are here to listen to any worries you may have. This may include worries around your sexuality, deciding on the right contraception for you, understanding what any symptoms may mean, pregnancy advice and testing and emergency support and advice.

The staff at Spectrum are a lovely friendly bunch. You can visit them at a convenient and easy to access location or you access information on their website. The website also has details of where to find them, how to get in touch, further support services and what to do when face to face services are closed.

#### Spectrum-sexualhealth.org.uk

Wishing you all a happy, healthy, and fabulous New Year.

Amanda







### **Roth Read Photography** Portrait, Commercial and Event Photographers

Creating Digitals for your Social Media and Stunning Wall Art for your Office and Home.

Wishing all the WAW Members a Fabulous Christmas Time!



For more information visit **www.rothreadphotography.com** or call us on **07790 753852** 

WAW Members receive 10% off any Commercial Shoot. Just use the code WAW-RRP when you book!





### **CAPA College is part of Enhance Academy Trust**

'At Enhance Academy Trust we are passionate about making a difference to the lives of children; children have one chance, and we are that chance. We strive for exceptional educational provision in all our academies. We want our academies to be the best they can be and for each child to discover the skills, abilities, talents, and interests that lie within them. To do this, our academies need highly skilled and dedicated people who are fully committed to improving the life chances of the children in their care. Every member of Enhance has an important and valuable role to play in achieving this.'

Enhance Academy Trust are seeking to appoint additional Directors/Trustees to further strengthen the Enhance Trust Board. Should people wish to know more, they should contact **Mark Randall** or **Andy Hoole** for further information. mark.randall@enhanceacad.org.uk and andy.hoole@enhanceacad.org.uk

January is a difficult time for lots of people. The 'come down' from Christmas can hit people hard, and perhaps it will even more so this year with more worries about money and the future. As an employer you can play a part in improving your peoples' sense of wellbeing and positive changes at work not only benefit the business but can spill over into personal lives too.

This January we want to visit as many businesses as possible providing one hour singing workshops either during working hours, lunch breaks or even before or after work.

Our team brings decades of experience teaching, performing, and writing music and we want to share our passion with you.

We are offering We Are Wakefield members an hour workshop in January (no limit on attendee numbers) including singing exercises, songs and laughs for just £120. The workshop lasts an hour, but the benefits will last much longer with improved camaraderie, stress relief, release of feel-good hormones and improved productivity.

We can also provide team song writing and recording experiences, half day singing workshops, combined singing, mindfulness and journaling workshops and workplace choirs.

# fanfaremusic



Please get in touch to find our more or book your team's workshop this January (workshop slots are limited).



# THE WAKEY WELLNESS KICKSTART

A 4-week wellness program designed specifically for business women of Wakefield!

Starts January 9th | Online Program

No more diets or guilt workouts!

Join me for a realistic and achievable action plan to reset your mindset, kickstart your fitness and improve your wellness throughout 2023.

### CLICK HERE TO BOOK

E: natalie@thewellnessmentor.co.uk www.thewellnessmentor.co.uk/wakey-wellness

### Veritas Corporate are pleased to be new members of We Are Wakefield

We look forward to partnering and strengthening local business and communities

Supplying a range of workwear and PPE requirements, we source locally when possible and our in-house professional print and embroidery service allows us to offer a truly bespoke service. Our sister business FBT Europe also offers sportswear for corporate teams or events.

Thinking about rebranding in the New Year or have a number of new starters? Call to discuss your requirements and **15% discount** by quoting **WAW15** 

Merry Christmas and Happy new year

veritas

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15% Discount code

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#### STUDY WITH SUE



### **BESPOKE MATHS & ENGLISH TUITION**

A RANGE OF COMPREHENSIVE PACKAGES FOR KS1-KS4 & ADULTS DESIGNED AROUND YOUR NEEDS

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#### Office 5 - Rear Walled Garden

Office 15 is situated on the Nostell Estate in the Walled Garden and offers modern, contemporary offices suitable for medium sized (6-8 people) businesses. The development has the benefit of water, electricity, and mains drainage. Access is also available to the fibre network along with the latest data communication links.

The dimension of Office 15 is 415 Sq. ft. and features include air-conditioning, kitchen area, bathroom facilities, as well as adjacent parking spaces. Additional parking is available in the Prison yard just a short walk from the office, at side of the Walled Garden, with the added benefit of 5 electric charging points on the Estate. 24-hour access is available with key card entry anytime out of usual working hours (Monday – Friday 8.00am until 5.00pm). The Estate also benefits from a modern on-site security system covering all areas 24/7.

A viewing would be recommended so you can get a feel for the unique estate atmosphere and impressive surroundings here at Nostell Estate. Tenants can enjoy Meridian Café, Nostell Estate's very own café, which is open Monday to Friday. Other benefits include access to the beautiful Nostell Priory parklands and pathways, networking opportunities, ample parking, and access to major road networks (M62/M1). We also have facilities for tenants to bring their dogs in to work with dog shower and waste bins.

Private meeting rooms are also available to hire with discounted rates to all tenants.

Rates and lease breaks can be discussed with Peter Molyneux, Estate Director.









### **Merchant Card Advance**



- 3 + Months trading.
- Minimum of £1,500 monthly card sales.
- Homeowner status not applicable and all company types considered.
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  - 85% Renewal rate
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As 2022 draws to a *close* and we look

forward to 2023 we would *like* to take

## this opportunity to thank you

for your valued and continued support

and wish you a very

Merry Christmas &

Happy New Year!

*It's easy to subscribe to the WAW newsletter – just follow this link!* Get in touch with the WAW community! All our members are listed <u>here</u>

